

WHAT TO DO IF THE COUNTRY IS ON HEIGHTENED ALERT

OFFICIAL UPDATES LU-Alert · RTL, 100.7 · 112

DO THIS NOW

- 1** Get your news from official channels only: LU-Alert, the radio on **RTL, 100.7**, and infocrise.lu. The authorities will say what the alert means, which measures apply and to whom.
- 2** Keep going to work and school unless the authorities say otherwise. If you work in health care, rescue, energy, water, food or transport, follow your employer's crisis plan.
- 3** Top up your supplies towards **7 days**: water, food you can eat without cooking, medicines, batteries and cash. Charge phones and power banks, and keep the car at least ½ full.
- 4** Agree with your household where you meet, who collects the children, and how you reach each other if the phone networks fail.
- 5** Follow every instruction you are given about travel, sirens or shelter. If the authorities ask for it, keep lights low at night, close the curtains and bring pets inside.
- 6** Check that older, ill or isolated neighbours know what is happening and have what they need.
- 7** Share only what official channels have confirmed. Do not post photos or videos of soldiers, military vehicles, bridges, stations or other sensitive sites.

BEFORE

HOW WARNINGS REACH YOU

- LU-Alert sends cell broadcast messages, SMS and app alerts, and the radio carries the instructions. The national resilience strategy includes using these channels during armed conflict. Learn the levels and the siren signals on **Alerts and sirens**.
- Vigilnat, the national plan against terrorism, has four levels of its own. It is a separate scale from the LU-Alert colours, and neither is a military alert.
- Luxembourg's official preparedness guide has no chapter on war. If measures for an armed conflict were ever needed, the government would announce what applies

and how. Rules you read about from other countries are their laws, not Luxembourg's.

- Expect false messages meant to frighten or divide people. See **False information** for ways to check them.

STOCK FOR A LONGER CRISIS

- Start with the **72 hours** the Luxembourg guide asks for, then build up towards **7 days**, as the Swedish and Estonian guides do. See the **emergency kit checklist**.
- Water: **4 L** per person per day.
- Cash in small notes for a week: **€160** per adult and **€70** per child. Card payments and cash machines can stop.
- Your medicines for at least **7 days**. Ask your doctor whether you can keep a longer supply

of the ones you cannot do without.

- Copies of ID and other key papers in a waterproof pouch, and a grab bag in case you have to leave. See **Leaving home**.

PREPARE WITH OTHERS

- Write your **household plan**: contacts on paper, **3** meeting points and **1** contact outside the area.
- Ask your employer now what its crisis plan expects of you.
- Get to know your neighbours: who may need help, and who has skills or equipment to share.
- Take a first-aid course with the Red Cross or the CGDIS. If you want to do more, the CGDIS takes volunteer firefighters.

AFTER

- Stay with official channels until the authorities say the alert is lowered or over.
- Use up stored food in date order, then restock what you used.
- Update your plan with what worked and what was missing.
- Keep your routines, sleep and eat regularly, follow the news at set times only, and talk

with people close to you. If worry does not ease after **1 month**, see a doctor or a psychologist. See **Coping with a crisis**.

IF YOU ARE...

LOOKING AFTER CHILDREN

- Listen to their questions and answer honestly, in plain words and without frightening detail, and say so when you do not know.
- Keep school and daily routines going for as long as schools are open, and tell the school who is allowed to collect your children.

OLDER, ILL, OR LIVING WITH A DISABILITY

- Make a plan for your medicines and aids, and tell a neighbour or relative now what help you would need to shelter or to leave.
- Keep spare batteries for hearing aids and chargers for any equipment you depend on.

WITH PETS

- Keep food, water and medicines for them for at least **7 days**, with their papers and a

carrier ready.

LIVING NEAR THE AIRPORT, A RAILWAY HUB OR A MOTORWAY

- Luxembourg is a transit country for allied forces by road, rail, air and river. If you live near these routes, keep your grab bag ready and follow the instructions given for your area.

EASY-READ SUMMARY

 Get your news from the radio and LU-Alert.

 Keep going to work and school unless you are told otherwise.

 Keep water, food and medicines for a week.

 Agree with your family how to stay in touch.

 Share only news from official sources.

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