

WHAT TO DO IF THERE IS LOOTING OR CIVIL UNREST

OFFICIAL UPDATES LU-Alert · RTL, 100.7 · 112

DO THIS NOW

- 1** Stay at home, or get home or into a safe building early if trouble is close. Keep away from crowds, demonstrations and any area where shops are being broken into.
- 2** Lock the doors and windows, keep away from the windows, and keep the lights low.
- 3** Never confront looters or rioters, not even to protect your home, car or shop.
- 4** Call the police on **113** if you see violence or looting. Call **112** if someone is hurt or there is a fire. Say where you are and what you see.
- 5** Keep your ID, important documents, medicines, keys and phone together in one bag, ready in case you have to leave.
- 6** Do not open the door to people you do not know. Ask anyone who says they are an official to show their ID, and call the police if you are unsure. Officials never ask for money or valuables.
- 7** Follow the police and official channels: LU-Alert, the radio on **RTL, 100.7**, and infocrise. Check for any restrictions on going outside.

BEFORE

PROTECT YOUR DOCUMENTS AND MEDICINES

- Keep copies of your ID, insurance papers and other key documents in a waterproof pouch, and a second set outside the home, for example with family.
- Keep your medicines for at least **7 days**, and a list of what you take, in the same place as the documents.

- Take photos or a short video of each room and your valuables. Insurers ask for them after damage or theft.

PREPARE THE HOME

- Check that every door and window locks, and keep the keys in one place near the door.
- Keep your supplies out of sight, and do not post online about what you have

stored.

AGREE WITH YOUR NEIGHBOURS

- Swap phone numbers with the neighbours, and agree who checks on whom by text, especially on people who are older or live alone.
- Write the arrangements in your **household plan**.

AFTER

- Go out only when the police or official channels say the area is calm. Watch for broken glass and damaged buildings.
- Photograph any damage before you clean up. Report it to the police and to your

insurer.

- Share only what official channels confirm. Videos and rumours spread fast and are often wrong or out of date.

- Check on your neighbours, especially those who live alone.
- Fear and anger after unrest are common. Talk about it with people close to you, and see **Coping with a crisis** if it does not ease.

IF YOU ARE...

LOOKING AFTER CHILDREN

- Keep them inside and away from the windows. Explain in plain words what is happening and that the police are dealing with it.

OLDER, ILL, OR LIVING WITH A DISABILITY

- Tell a neighbour or relative that you are at home, keep your phone charged, and keep your medicines within reach.

CAUGHT OUTSIDE OR IN A CROWD

- Do not stop to watch or film. Move to the edge of the crowd and away, into a side street or a building. See **Crowd crush**.

RUNNING A SHOP OR A BUSINESS

- Do not stay to defend the premises. Leave early, lock up only if it is safe, and call the police.

TOLD TO LEAVE HOME

- Lock up, switch the alarm on if you have one, take your documents and medicines with you, and tell a neighbour where you are going. See **Leaving home**.

EASY-READ SUMMARY



Stay at home and keep away from crowds.



Never fight people who steal or break things.



Call the police if you see violence.



Keep the doors locked and the lights low.



Follow the police and the radio.

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