

WHAT TO DO IF YOUR AREA IS OCCUPIED

OFFICIAL UPDATES LU-Alert · RTL, 100.7 · 112

DO THIS NOW

- 1** Stay at home unless you need to go out, and keep away from crowds and from places where armed people gather.
- 2** Get your news from official Luxembourg channels for as long as you can receive them: LU-Alert, the radio on **RTL, 100.7** and infocrise. Check any other message before you believe it or pass it on.
- 3** Keep your ID, copies of your key papers, your medicines and some cash on you, and the grab bag ready by the door.
- 4** Avoid any confrontation with armed people. Keep your hands visible, move slowly, stay calm and do not argue.
- 5** At a checkpoint, do what you are told so that you stay safe, and show your ID when asked. See [Living in a conflict zone](#).
- 6** If official channels announce an evacuation or a safe way to leave, follow their instructions and their route. See [Leaving home for what to take](#).
- 7** Look after children, and check on older, ill and lonely neighbours. Share water, food and reliable news.

BEFORE

KNOW WHERE OFFICIAL GUIDANCE COMES FROM

- Luxembourg's official guide has no chapter on war or occupation. What applies to you, and what you should do, will come from the Luxembourg authorities through LU-Alert, the radio and infocrise. See [Alerts and sirens](#).
- In a crisis, false messages spread fast and can be made to look official. Ask who

wrote a message, when, why and where it comes from. See [False information](#).

- Keep a battery or wind-up radio and spare batteries. Phones and the internet may stop working.

PREPARE THE HOUSEHOLD

- Stock water, food and medicines for at least **72 hours**, and longer if you can. See the [emergency kit checklist](#).

- Pack a grab bag for each person, with copies of your ID and key papers in a waterproof pouch, cash in small notes and printed photos of your family.
- Write the important phone numbers and addresses on paper, and agree **3** meeting points and **1** contact outside the area in your [household plan](#).
- Get to know your neighbours: who has skills or equipment that could help, and who will need help.

AFTER

- Do not go back to a home in an area that armed forces still control until the Luxembourg authorities say it is safe.
- If you have lost contact with family, ask the Red Cross to help trace them.
- Stay away from anything left behind, such as vehicles, weapons or ammunition. Report it to the police on **113**. See [Unexploded ordnance](#).
- Restock the grab bag and the home kit as soon as you can.
- Talk to people you trust, keep routines, eat, sleep and move when you can, and take breaks from the news. If distress does not ease after **1 month**, see a doctor or a psychologist. See [Coping with a crisis](#).

IF YOU ARE...

LOOKING AFTER CHILDREN

- Keep them close and indoors as much as you can, and keep familiar games, books and toys within reach.
- Explain what is happening in simple, honest words, and keep them away from frightening images.

OLDER, ILL, OR LIVING WITH A DISABILITY

- Keep your daily medicines, aids and spare batteries together, so you can leave at once if an evacuation is announced.
- Agree with a neighbour how they will check on you and pass on official instructions if you cannot get out.

WITH PETS

- Keep them inside. Pack food, a lead or carrier and their vaccination papers in case you have to leave.

SEPARATED FROM YOUR HOUSEHOLD

- Go to the meeting point you agreed, and tell your contact outside the area where you are as soon as you can.

EASY-READ SUMMARY



Keep yourself and your family safe first.



Listen to official Luxembourg news on the radio.



Keep your ID, your medicines and your bag with you.



Stay calm and do not argue with armed people.



Help your neighbours and check on older people.

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